

Dear Parent/Carer

Today Year 2 have been discussing the NSPCC's PANTS rules in our PSHE lessons as part of our safety week. During this discussion we aimed to teach the children the following important safety skills without giving explicit information or telling scary stories.

We taught our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse.

PANTS stands for:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

We talked about:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body using the correct names.
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with Brimington Manor, more information can be found at nspcc.org.uk/pants.

If you have any questions or concerns please don't hesitate to get in touch.

Mrs Dennis